Breakfast

Savoury Mince gfo 26
Beef and pork mince in a rich tomato sauce with a fried egg, sour cream and served with sour dough toast.

Fritters v 27
Housemade sweet corn fritters with pickled red onion, sour cream & dressed leaves.
add poached egg 3

French Toast v 27
Japanese style milk loaf French Toast with honey mascarpone cream, seasonal fruit, and, mixed berry compote. **add bacon 5**

Big Breakfast gfo 43
Your choice of fried, scrambled or poached eggs, with bacon, housemade pork & beef sausage patty, avo, smoky beans, mushrooms, grilled tomato, & sour dough toast.

Just Eggs v gfo 17
Sourdough toast served with butter and two eggs, fried, scrambled or poached. **add bacon 5**

Bacon Butty gfo 17
Three rashers of bacon in buttered super thick fluffy white bread with your choice of hot maple ketchup, tomato ketchup or HP sauce. **add fried egg 4**

The BNE Roll vo gfo 17
Toasted Milk Style Bun, bacon, fried egg, spinach and hot maple ketchup. **add hash brown 5**
Make it veggie and replace the bacon with sauteed mushrooms.

Breakfast Tacos - (2) vo gf 25
Soft scrambled eggs, bacon bits, hash brown, Pico de Gallo, hot sauce and Manchego cheese on warm corn tortillas.

Avocado Joy vgno gfo 27
Sourdough with fresh avocado, Pico de Gallo, Dukah, leaves, edamame, hummus and a soft poached egg.

Spanakopita Croissant v 25
Buttery croissant filled with, spinach and feta.
Served with dressed leaves and scrambled egg.

Toast gfo 8.5
Sourdough, soft white or gluten free bread with butter and your choice of jam, marmalade or Vegemite.

Add ons
Free-range egg (poached, fried or scrambled) **4**
Sauteed Spinach **4**
Grilled Halloumi **5**
Avocado **5**
Sauteed Mushrooms **5**
Bacon **5**
Sausage Patty **5**
Roast Roma Tomato **4**
Housemade Smoky Beans **4**
Housemade Hash Brown **5**
Substitute Gluten free Turkish bread **3**

Small Plates

Corn Ribs vgn gf 15.50
Six corn ribs with lime & togarashi seasoning

Bruschetta vgn 15.50
Three crispy toasts topped with tomato, red onion, & coriander in a lime dressing

Garlic Mushrooms v gfo 17.50
Spanish style hot buttery garlic mushrooms with Manchego cheese & bread to mop

Poppers gf 16
Jalapenos stuffed with cheeses, wrapped in pancetta & baked to order.

Large Plates

Peruvian Chicken gf 37
Grilled marinated chicken thigh with aji verde served along side charred corn & feta salsa .

Chili con Carne gf 36
Slow cooked beef with black beans served with housemade corn bread and sour cream.

Meatball Sandwich gfo 29
Housemade beef & pork meatballs, marinara sauce and melting Provençale cheese in a milk style sesame bun with fries.

Fish Tacos (l) gf 29
Three corn tortillas stuffed with breaded fish, pico de gallo, pea gaucamole & shredded lettuce with tartare and hot sauce.

Chicken BLT gfo 29
Grilled chicken thigh, bacon, lettuce, tomato and mayo on a milk style bun with fries. It's a classic.

Lentil Kofta vgn gfo 25
Housemade spiced lentil koftas, with a tomato & cucumber salad, Tahini dressing and warm pita.
add fries 6

Mushroom and beans cassoulet vgn gfo 28
Sauteed mushrooms, cannellini beans and kale in a rich tomato sauce with pangrattato and sour dough.

Salmon Nicoise gf 38
A salad of Salmon fillet, baby potatoes, green beans, olives, tomatoes and boiled egg

Sides

Fries vgn gf 12
Crispy potato fries in our secret house seasoning (contains sesame) and fry sauce.

Rocket & Pear Salad v gf 15
Rocket, pear, parmesan & pine nuts.

Hash Brown vgn gf 5
Housemade potato hash brown, ask yourself is one really enough.

Drinks

Hot Drinks

Putia proudly serves Tim Adams Tortoise & The Hare

Cup 5.9 Mug 6.9

Latte
Cappuccino
Flat White
Spiced Chai Latte Putia's own blend
Turmeric Latte
Hot Chocolate

Mocha **Cup 6.9 Mug 7.90**

Espresso, Macchiato & Picollo **4**

Extras 1
Alt milk, syrup and extra shot

Tea 5.90
English Breakfast
French Earl Gey
Prana Chai
Sencha
Green Tea
Peppermint

Cold Drinks

Iced Latte **7.40**
Iced Long Black **6.50**
Black Diamond **6.50**
Iced Coffee with ice cream **9.90**
Iced Turkish Delight Latte **8.90**

Freshly Squeezed Juice
Single Fruit Orange or Apple **9**
Revitalise Orange, carrot, apple & ginger **10**
Green Detox Apple, cucumber, kale, celery **10**

House Made Soda 8.50
Berry & Vanilla or Lemon Lime & Thyme

Good Happy Kombucha 9.50
Ginger & Turmeric
Lemon Myrtle
Berry Schisandra

Smoothies 11
Tropicana Mango, pineapple, passionfruit, coconut milk & toasted coconut

Apple Pie Banana, apple, oat milk & spices topped with granola

PB&J Berries, peanut butter, almond milk & Jam

Milkshakes 9.90
Vanilla ice cream, full cream milk & your choice of flavour
Caramel, chocolate, berry or vanilla

Kids

Ham & Cheese Croissant 13
Buttery Croissant filled with ham and melting cheese

Lil' Brekkie 13
Buttered toast with one egg either poached or fried and one rasher of bacon

Chicken & Chips 13
Housemade breaded chicken bites with fries and ketchup

Fish & Chips 13
Jumbo Fish Finger, fries & tartare sauce

Desserts

Tiramisu 15
Coffee soaked lady fingers, sweet and creamy mascarpone & cocoa powder (when available)

Affogato 15
Rich vanilla ice cream, double shot of hot espresso in a chocolate and chopped nut rimmed cup the perfect pick me up.

Cake of the Day See Server
Please ask your server for today's cake selection.

From the Cabinet

Our selection of faster items in the cabinet changes frequently but generally contains.

Ham & Cheese Croissant
Plain Croissant
A selection of paninis, toasted to order
Selection of Danishes
Sweet Muffin
Selection of housemade cakes
Selection of slices

All of which can be ordered dine in or take away.

A note from the team.

Please mention to your server if you have any food allergies or dietary requirements.
We will do our best to accommodate.

Please be aware that our kitchen is not 100% gluten, nut, seafood or dairy free. While we do our best to avoid it there may be trace amounts of these in any of the dishes.
Items marked gluten free may not be suitable for Coeliacs please check with your server.

For large groups you may be required to order from a set menu or be ask to not make substitutions, this helps us provide you and our other guests with the best service possible.

Thank you for choosing to dine with us if you have any questions please ask your server.

Putia PURE FOOD KITCHEN · PANTRY · BAR