



MENU

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Putia Pure Food



(414)9358021187448

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Thank you for supporting COVID-19 contact tracing efforts
and doing your bit to keep Queenslanders safe.

Questions? Call the COVID-19 helpline 134 COVID (13 42 68)

*(gf) gluten free / (nf) nut free / (v) vegetarian / (vgn) vegan / (df) dairy free /
(vgn/dfa/gfa) vegan available / dairy free available/ gluten free available*

*** We don't substitute or swap ingredients in dishes, you are welcome to ask for the item to be served on the side and we will do our best to accommodate.*

***Our kitchen is NOT 100% gluten, nut, seafood or dairy free, we do our utmost to ensure our meals as denoted are made to the specifications, please mention to your server if you have any serious allergies we need to know about.*

*** Our menu is cooked to order, therefore at busy times, there may be a wait. We appreciate your patience.*

Gone Troppo	17
mango, coconut and chia pudding, oat clusters, house made passionfruit sherbert, grilled pineapple salsa (vgn)	
Raspberry and White Chocolate Bombolini	18
house made doughnuts, raspberry curd, white chocolate semifreddo, pistachio praline (v)	
Mediterranean Omelette	23
3-egg omelette with halloumi, spinach, maple roasted pumpkin and toasted pepita crunch served with sourdough (v, gfa)	
Farmer's Market Breakfast	26
free-range poached eggs, potato and parmesan bites, herb roasted mushrooms, smashed avocado, roasted cherry tomatoes, pumpkin ketchup and sourdough (gfa, nf)	
- <i>with double smoked bacon</i>	29
Avocado Bliss	19
smashed avocado, marinated goats cheese, lemon and chili marinated zucchini, pistachio dukkah on toasted spelt bread (gfa, v, vgna)	
Putia's Signature Breakfast Gnocchi	23
house made potato and herb gnocchi, charred sweet corn, garden spinach, chorizo, fire-roasted pepper butter, almond pangrattato, free-range poached egg (gf, va)	
Shakshuka	24
middle eastern spiced lamb, free-range baked eggs, feta, mint yoghurt, garden herbs served with toasted sourdough bread (gfa)	
Vegan Quinoa Soft Tacos	21
wild mushroom and quinoa mince, charred corn salsa, smashed avocado, vegan cashew and lime crema, garden greens, soft tacos (vgn)	
BNE Roll	14
free range fried egg, double smoked bacon, halloumi, garden leaves and house-made tomato relish (nf)	
- <i>add potato and parmesan bites</i>	5
Eggs Your Way	10
free-range eggs on toasted sourdough served poached, fried or scrambled (gfa, nf, v)	

Condiments: Butter/Jam/Aioli/ Vegan Aioli/ Relish.....	1
Breads: Sourdough/Gluten-Free/Spelt.....	4
Avocado/Field Mushrooms/Tomatoes/ Spinach.....	4
Free-Range Eggs: Poached/Fried/ Scrambled.....	5
Smoked Bacon/Chorizo/Halloumi.....	6

Caprese Orecchiette	25
roasted tomatoes, house made sugo, fresh mozzarella, basil, almond pangrattato (v)	
Herbaceous Fish Cakes	27
house made fish cakes, pickled Spanish onion, tarragon and lemon aioli, garden herbs, snowpea tendrils (gf, nf)	
Lamb Keftedes	29
spiced Greek lamb keftedes, garden pea tabbouleh, tzatziki, pomegranate, toasted flatbread, charred lemon	
Dukkah Crusted Chicken	28
crusted free range chicken, baba ganoush , green beans and pomegranate dressing (gf)	
Spanish Bocadillo Sandwich	26
pork belly, jamon Serrano, manchego cheese, tomato, kale, fire roasted pepper aioli, served with halloumi fries	
Green Goddess Bowl	24
spiced zucchini falafel, pea tabbouleh, sumac coconut yoghurt, smashed avocado, crispy kale, seeded crunch (gf, vgn)	
House Arancini (3pcs)	12
served with aioli	
Hand Cut Fries	11
served with vegan aioli	
Halloumi Fries	12
with mint yoghurt	
Putia House Salad	14
maple roasted pumpkin, green beans, marinated zucchini, garden green and roasted pepitas	
Charred Zucchini	12
feta, almond pangrattato	
Melt	13
open smoked bacon and cheddar melt on toasted sourdough, tomato sauce (gfa, nf)	
Oaty Clusters	13
Oaty Clusters, coconut yoghurt, passion fruit sherbert	
Kids Fish Cakes	13
served with hand cut chips and tomato sauce (nf, gf)	

Sparkling Wine

Corte Del Pozzo Prosecco 13 55
Veneto, Italy (Vegan Friendly, Organic, Bio-dynamic)

Coombe Farm Sparkling Brut NV 14 60
Yarra Valley, VIC

Whites

Kimi Sauvignon Blanc 2017 10 42
Marlborough, NZ

Canal Grando Pinot Grigio 2018 10 40
Veneto, Italy

Ingram Road Chardonnay 2018 12 48
Yarra Valley, Victoria

Reds

Ingram Road Pinot Noir 2017 12 50
Yarra Valley, Victoria

Chalk Hill, Luna Shiraz 2018 10 42
McLaren Vale, South Australia

Jed Malbec 2014 13 52
Mendoza, Argentina

Rosé

Reserve des Vignerons 2015 12 49
Loire Valley, France (Dry)

Rose D'Anjou Les Ligerians 2015 12 49
Loire Valley, France (Sweet)

Beer & Cider

Fury and Son Pilsner VIC 4.8% 10

All In Sapre Session Ale QLD 3.5% 9

Fick Blonde Summer Ale QLD 4.7% 11

Aether Event Horizon Porter QLD 6.7% 12

Sidewood Apple Cider SA 5% 10

Sidewood Pear Cider SA 6% 10

Summer Berry Frose 16
Rosé, lemon sorbet, wild berry syrup, pomegranate

Breakfast Negroni 16
Settlers breakfast gin, Campari, red vermouth

Espresso Martini 16
Vodka, Mr Black coffee liqueur, single origin cold drip

Garden Pimm's Cooler 16
Pimm's No. 1, lemon lime soda and fresh rosemary

Coffee

Putia proudly pours local specialty coffee from Passport "Arrival Blend" and Wolff "Big Dog Blend"

Espresso piccolo	3.5
Black	4.0
White	4.0
Cold Drip Single Origin Ice latte / ice long black	6.0

Extras

Soy milk, coconut milk, almond milk, oat milk, macadamia milk	0.5
Extra shot, mug, decaf.	0.5

Caffeine Free Latte (gf, vgn) 5.5

Spiced Chai latte – Putia’s own blend of exotic spices with Bonsoy

Bounty Hot Chocolate - organic dark chocolate, coconut milk, coconut flakes

Turmeric latte – turmeric, coconut milk, cinnamon, ginger, cardamom & maple syrup

***Can choose a different milk than the one recommended*

Steeped Tea 5.5

Organic English Breakfast / French Earl Grey /Organic Chai

Green Tea- Sencha / Peppermint

Cold Beverages 6.5

Lemon Refresher Iced Tea

House Sodas: Berries and Vanilla | Lemon, Lime and Thyme

Pro-biotic Kitchen Kombucha: Lemon Myrtle | Ginger & Green Tea | Blueberry & Vanilla

Freshly Squeezed Juices

Single fruit - Orange Apple Watermelon	7.5
Glowing Green - spinach, cucumber, apple, ginger and kale	8.5
Melon Refresher - watermelon, garden mint and fresh lime	8.5
Spring Zing - orange, carrot, apple, ginger	8.5

Super Shakes (gf) 9.5

Tropicana – mango, pineapple, passionfruit, coconut milk

Berry Ripe – berries, chia seeds, goji, toasted coconut, cocoa nibs, almond milk

Gone bananas – fresh bananas, tumeric, organic maple syrup, oat milk

***Can choose a different milk than the one recommended*

Kids' Drinks

Orange juice	5.0
Milkshakes: Chocolate Vanilla Berry	5.0
Hot Chocolate	3.0
Babycino	1.5